

MIFF SCREENING GUIDE



Sensory Friendly Screening
Left Write Hook (98 mins)

Saturday 17 August
3.45pm
Forum (Melbourne CBD)



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What to Expect

As part of MIFF's mission to be a leader in accessible services for cinema-going audiences, we are offering this Sensory Friendly Screening of the film *Left Write Hook*.

To make this session sensory-friendly, we will be making a number of changes:

- The cinema space will have house lights that remain at an 'Airplane Night-time' level.
- The sound will be reduced by a quarter.
- The space will have different social permissions granted to it, introduced at the start of the screening, that allow neurodivergent audience members to act as they need to in order to self-soothe and exist comfortably within the theatre.

MIFF has an open-door policy for its film screenings by default, and the same will apply to this session. In addition, there will be a designated Quiet Space for you to remove yourself to in the case of sensory overload or if you wish to have some time to yourself.

All of this creates a unique viewing experience for you. You will be able to rock, stim, hum, filter any sensory input as desired and pace around the cinema as you please.

We are excited to be able to offer you this Sensory Friendly Screening so you get to experience this movie as intended.

Tom Middleditch
Access Coordinator

Getting to the Venue

For full information on the venue, you can click [here](#).

Below is the basic information:

- Forum has a main entrance located on Flinders Street.
- The main entrance has a small step up to two central doors.
- For step-free/wheelchair access, there is a ramped entry way through the right side of the main entrance.
- To access the cinema, there are large railed staircases to the left and right of the foyer. The two staircases contain multiple levels of steps that lead to an upstairs mezzanine containing a bar and refreshment area.
- For step-free/wheelchair access to the cinema level, there is a lift along the corridor on the left of the entrance foyer. Please see a MIFF Front of House staff member for lift access.

Please click [here](#) if you require step-free/wheelchair access at Forum.

Getting Around the Venue

Once you have arrived at Flinders Street Station:



Cross the road to Fed Square.

Getting Around the Venue (continued)

Travel towards the public bathrooms and turn left down the ramp.



Getting Around the Venue (continued)

At the end of the ramp you will be out the front of ACMI.



Getting Around the Venue (continued)

The Forum is across the road to your left.



You can cross the road here.



Getting Around the Venue (continued)

You will be lining up along here.

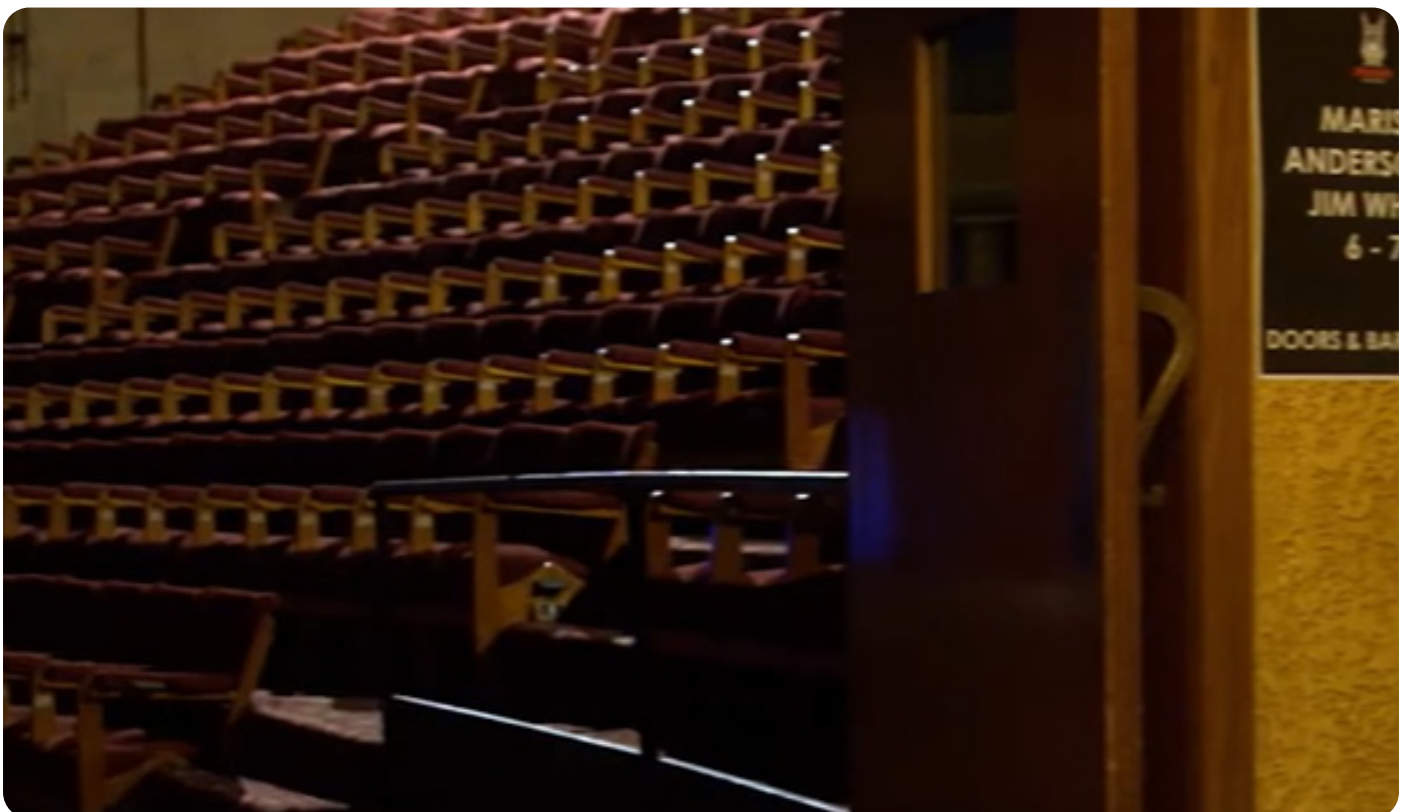


Getting Around the Venue (continued)

When inside you will be taking two flights of stairs.



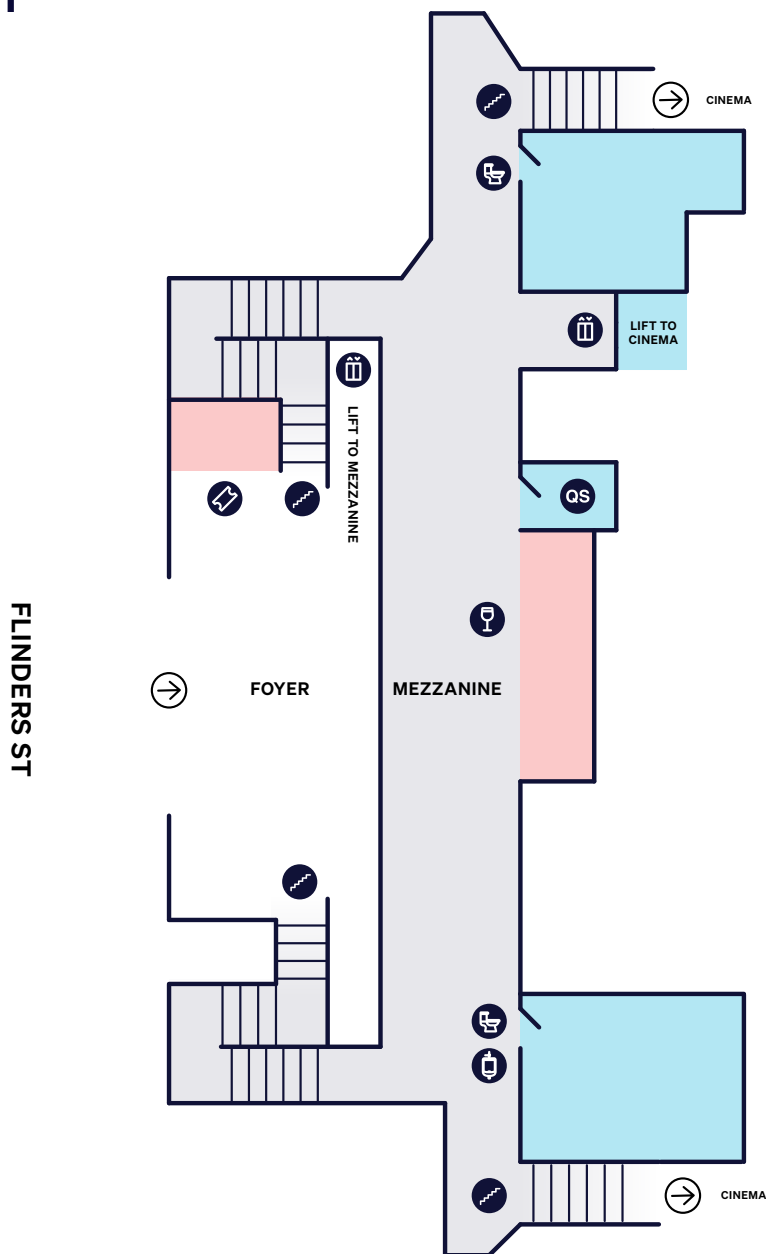
In order to get to the Cinema.



Map of the Venue

Here is a map of the venue you will be watching the movie in:

Forum Level 1

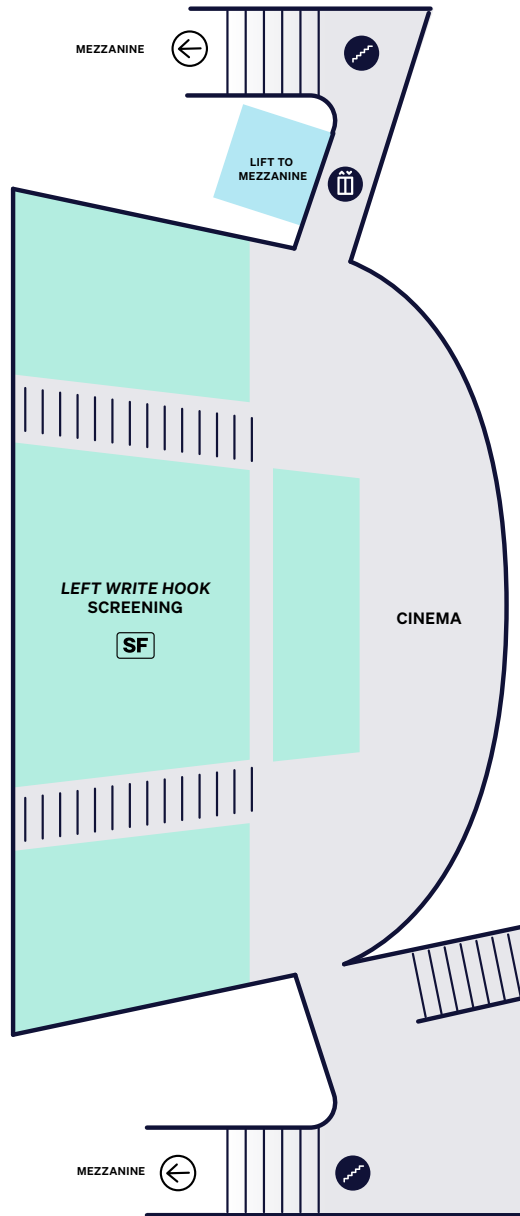


KEY

- | | | | |
|------------------|-------------------|--------------------------------|-----------|
| Cinemas | Toilets - Urinals | MIFF Box Office | Elevator |
| Services | Toilets - Stalls | Bar / Candybar | Escalator |
| Venue Facilities | Wheelchair Access | Quiet Space (Session Specific) | Stairs |










Map of the Venue (continued)

Forum Level 2



KEY

- Cinemas
- Services
- Venue Facilities

-  Toilets - Urinals
-  MIFF Box Office
-  Elevator
-  Toilets - Stalls
-  Bar / Candybar
-  Escalator
-  Wheelchair Access
-  QS Quiet Space (Session Specific)
-  Stairs

Film Info

For eight survivors of childhood sexual abuse, a groundbreaking program that combines boxing and creative writing turns into a journey of recovery, transformation and friendship.

“Feel it, express it, heal it.” For the regulars of Mischa’s Boxing Central, the weekly pilgrimage to the gym for the experimental Left Write Hook program goes beyond simply strengthening the body. Guided by coach and academic Donna Lyon, participants Nikki, Dove, Pixie, Gabrielle, Claire, Julie and Lauren learn not just to box but also to recast the darkest chapters of their pasts into poetry, a powerfully cathartic exercise in reclaiming their life narratives. What begins as an eight-week commitment expands into a relationship of 18 months as the women deepen their bonds and decide to present their work to the wider world – ultimately in hopes of puncturing the shroud of silence and shame, and reassuring others like them that they’re not alone.

Supported by the MIFF Premiere Fund, Shannon Owen’s intimate observational documentary invites viewers to sit among the women and listen to their stories, pulling no punches as they let their guards down in the spirit of radical acceptance and creative vulnerability. Affirming the now-established knowledge that trauma resides in both memory and muscle, *Left Write Hook* is a moving account of wounded individuals overcoming their troubled pasts, as well as of the healing that survivors can derive from solidarity and fearless storytelling.



Content Advice

For the MIFF screening of this film, we want to strike a balance between avoiding unnecessary spoilers and providing the information you need to make an informed decision as to the emotional journey you will be going on. We believe the below is sufficient for this:

Content

Mention of:

- Childhood abuse
- Incest
- Filmed child sexual assault material
- Satanic ritual abuse
- Abuse of children by other children
- Eating disorders
- Abuse at the hand of organised religion
- Street abuse

Discussion of:

- Trauma
- Living as a survivor
- Difficulties of living with schizophrenia
- PTSD and CPTSD
- Experiences of intense triggered emotions
- Recollecting sexual assault
- Recollecting physical assault
- Reconnecting with repressed traumatic memories and emotions
- Exposing personal abuse to the public

Content Advice (continued)

Language:

- Mild ableist slurs
 - Stupid
- Coarse language
 - Fucked up/fuck off/fuck you
 - Shit/shitting

Imagery

Depiction of:

- Dissociation
- People engaged in intense boxing sessions
- People working through trauma responses

Feedback

How did you go?

MIFF is delighted to have the opportunity to present Sensory Friendly Screenings for adult audiences. We can only improve based on feedback we receive from the people who matter – you!

If you are comfortable, please email our Access Coordinator:

access@miff.com.au.



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