

MIFF SCREENING GUIDE



Sensory Friendly Screening
My Sunshine (90 mins)

Thursday 15 August
10.45am

Forum (Melbourne CBD)



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What to Expect

As part of MIFF's mission to be a leader in accessible services for cinema-going audiences, we are offering this Sensory Friendly Screening of the film *My Sunshine*.

To make this session sensory-friendly, we will be making a number of changes:

- The cinema space will have house lights that remain at an 'Airplane Night Time' level.
- The sound will be reduced by a quarter.
- The space will have different social permissions granted to it, introduced at the start of the screening, that allow Neurodivergent audience members to act as they need to in order to self-soothe and exist comfortably within the theatre.

MIFF has an open-door policy for its film screenings by default, and the same will apply to this session. In addition, there will be a designated Quiet Space for you to remove yourself to in the case of sensory overload or if you wish to have some time to yourself.

All of this creates a unique viewing experience for you. You will be able to rock, stim, hum, filter any sensory input as desired and pace around the cinema as you please.

We are excited to be able to offer you this Sensory Friendly Screening so you get to experience this movie as it was always intended to be.

Tom Middleditch
Access Coordinator

Getting to the Venue

For full information on the venue, you can go here: [\[MIFF Website Page Link\]](#)

Below is the basic information:

- Forum has a main entrance located on Flinders Street.
- The main entrance has a small step up to two central doors.
- For step-free/wheelchair access, there is a ramped entry way through the right side of the main entrance.
- To access the cinema, there are large railed staircases to the left and right of the foyer. The two staircases contain multiple levels of steps that lead to an upstairs mezzanine containing a bar and refreshment area.
- For step-free/wheelchair access to the cinema level, there is a lift along the corridor on the left of the entrance foyer. Please see a MIFF Front of House staff member for lift access.

Please see 'How to Book Your Ticket' if you require step-free/wheelchair access at Forum: [\[MIFF Website Page Link\]](#)

Getting Around the Venue

Once you have arrived at Flinders Street Station:



Cross the road to Fed Square.

Getting Around the Venue (continued)

Travel towards the public bathrooms and turn left down the ramp.



Getting Around the Venue (continued)

At the end of the ramp you will be out the front of ACMI.



Getting Around the Venue (continued)

The Forum is across the road to your left.



You can cross the road here.



Getting Around the Venue (continued)

You will be lining up along here.

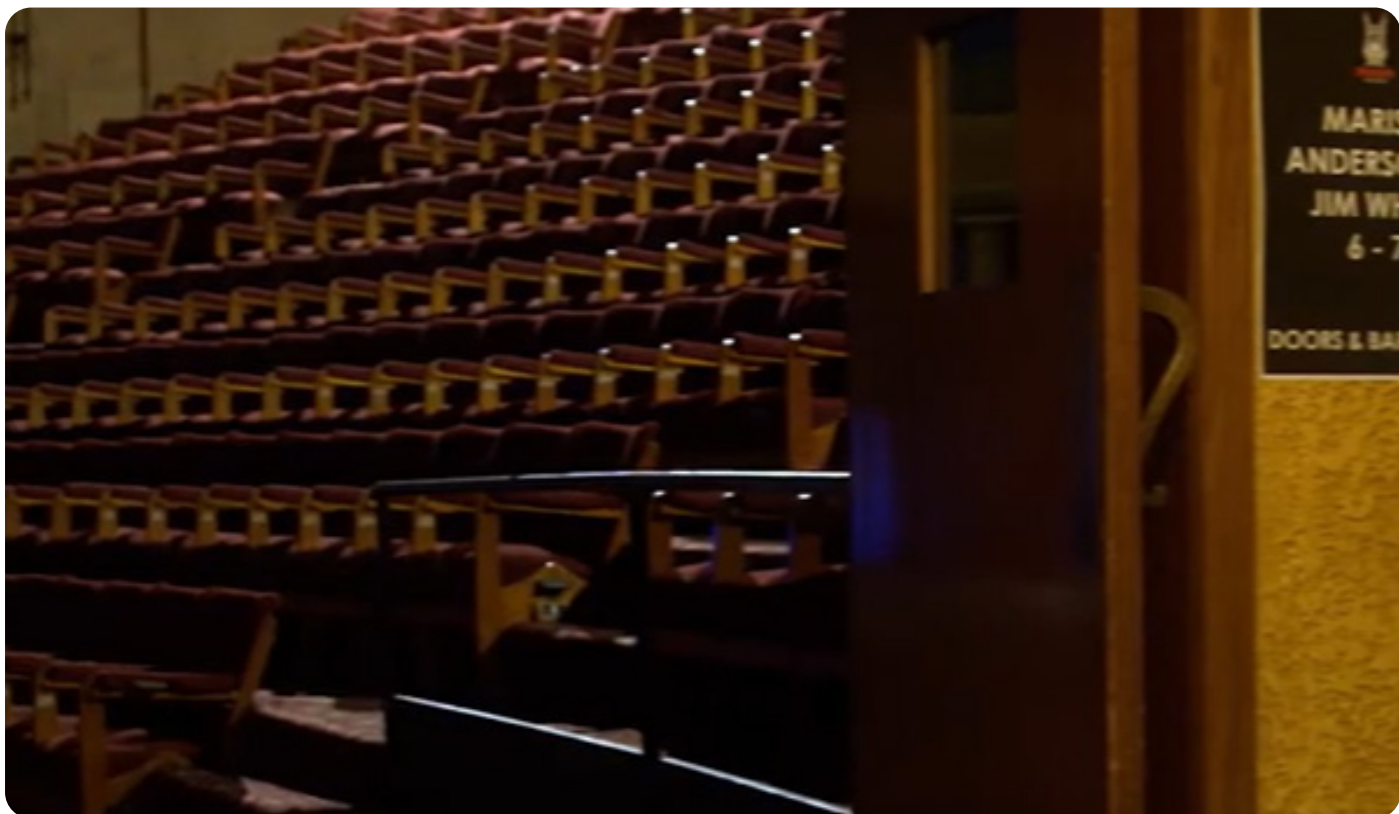


Getting Around the Venue (continued)

When inside you will be taking two flights of stairs.



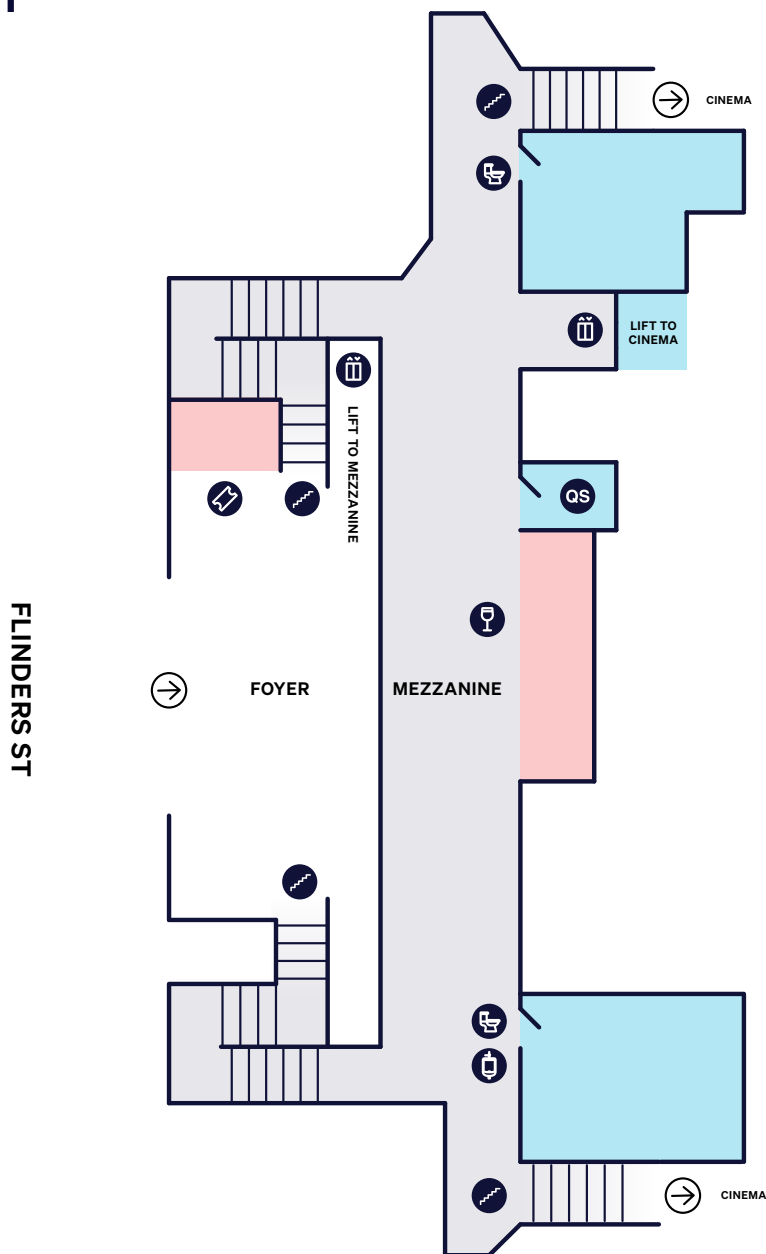
In order to get to the Cinema.



Map of the Venue

Here is a map of the venue you will be watching the movie in.

Forum Level 1



KEY

- Cinemas
- Services
- Venue Facilities

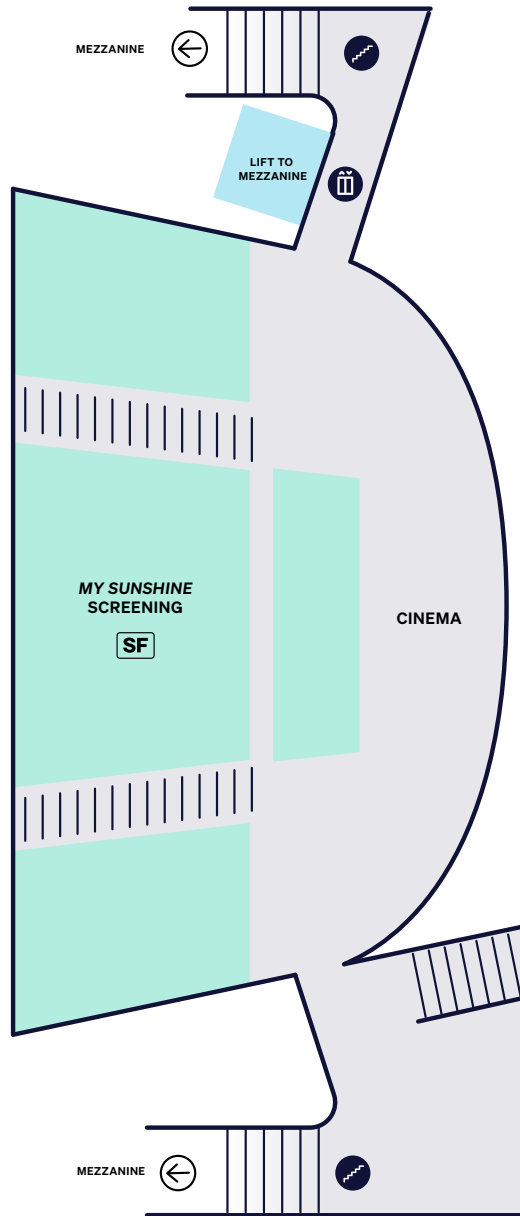
- Toilets - Urinals
- Toilets - Stalls
- Wheelchair Access

- MIFF Box Office
- Bar / Candybar
- Quiet Space (Session Specific)

- Elevator
- Escalator
- Stairs

Map of the Venue (continued)

Forum Level 2



KEY

- Cinemas
- Services
- Venue Facilities

- Toilets - Urinals
- Toilets - Stalls
- Wheelchair Access

- MIFF Box Office
- Bar / Candybar
- Quiet Space (Session Specific)

- Elevator
- Escalator
- Stairs

Film Info

A coach trains two young figure skaters in this endearing, snow-blanketed portrait of youthful yearning and adult melancholy.

Shy, stuttering Takuya is ill-suited to the two ‘boy’ sports – baseball and ice hockey – that rule each half of the year in his Hokkaido hometown. But when he sees the beauty and grace of Sakura as she figure-skates, he’s entranced. Recognising something of himself in Takuya, former skating star turned coach Arakawa (Sōsuke Ikematsu, *Shoplifters*, MIFF 2018) throws himself into training these two charges rather than going home, where a failing relationship with his long-term boyfriend awaits.

Premiering in Cannes Un Certain Regard, *My Sunshine* is a charming coming-of-age tale set against the changing of the seasons. Drawing from his own experiences as a figure skater, 28-year-old Hiroshi Okuyama serves as the film’s writer, director, editor and cinematographer, but he never gave his young actors a script or dialogue to remember. Instead, he allows the naturalism of their performances to propel his poignant depiction of childhood, which has earned comparisons to Hirokazu Kore-eda. While Okuyama lovingly captures the island’s snowy climes, the Academy aspect ratio also suggests the limitations and narrow horizons that come with growing up in rural isolation.

“Lilting [and] lovely ... Anyone who’s suffered the pangs of grade school, and the wanting to be someone other than you are, will relate. Snow melts and ice shatters, but the formative memories of youth stay with you.” – *IndieWire*



Content Advice

For the MIFF screening of this film, we want to strike a balance between keeping elements a surprise and providing the information you need to make an informed decision as to the emotional journey you will be going on. We believe the below is sufficient for this:

Content

Mention of:

- The death of parents

Imagery

Depiction of:

- Children being hit in the groin in sports
- People Smoking
- Homophobia

Feedback

How did you go?

MIFF is delighted to have the opportunity to present Sensory Friendly Screenings for adult audiences. We can only improve based on feedback we receive from the people who matter – you!

If you are comfortable, please email our Access Coordinator:

access@miff.com.au.

MIFF Melbourne
International
Film Festival